



Telehealth Intervention Programs for Seniors

Vital Sign Monitoring and Social Support Services for Seniors

FREE SERVICES INCLUDE:

- ➔ Check your blood pressure, oxygen, weight and pulse
- ➔ Health monitoring by a registered nurse
- ➔ A complete benefits assessment
- ➔ Caregiver Coaching, Health for Life, Care Circles, and more!

For more information, Call (914) 813-6441

Westchestergov.com/seniors

Every Tuesday
10:30 – 12:30

Open to all Westchester
County Residents 60+

No reservation required.

Multipurpose Center
11 Olympic Lane, Ardsley
914-989-1822



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or visit Westchestergov.com/seniors



Telehealth
Intervention
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Revisión de Señales Vitales y Servicios de Apoyo Social

LOS SERVICIOS GRATUITOS INCLUYEN:

- ➔ Controle su presión arterial, oxígeno, peso y pulso
- ➔ Vigilancia de la salud y consejería de una enfermera
- ➔ Una completa evaluación de los beneficios
- ➔ Cuidador Entrenamiento, Salud para la Vida, Círculos de Cuidado, y mucho más!

en Greenburgh!

10:30 a. m. – 12:30 pm

martes!

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