

Yoga Station is Greenburgh's Neighborhood Yoga Studio, physically located steps from the Hartsdale Train Station, and virtually located wherever you are with Online Interactive Yoga Classes!

On our website, www.TheYogaStation.com, choose from 15 yoga and meditation online classes per week, as well as children and teen yoga, free book clubs, and Breath Connection, a therapeutic discussion group.

Students can choose to support us with their current membership, or enjoy a special drop-in online class rate of \$10. For students who are financially unstable, classes are free...we are in this together.

We are sincerely humbled by the generous support of our students, and we are here to support the community during this time of crisis.

See you on your mat soon,

Char Daigle
Yoga Station

914-874-6295

www.theyogastation.com

221 East Hartsdale Avenue
Hartsdale, NY 10530