

# Greenburgh Senior Highlights

## March/April 2011

Parks & Recreation Department  
Office for the Aging  
Multipurpose Building  
Located in  
Anthony F. Veteran Park,  
11 Olympic Lane, Ardsley, NY 10502  
The Multipurpose Center houses  
program activities for our  
Senior Citizens.

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For information contact:  
Lynda Maranino:  
Nutrition Program Director  
693-8997  
P.J. Murphy, Recreation Supervisor  
693-8985 ext.116

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### **THEODORE D. YOUNG COMMUNITY CENTER**

Senior Citizen/Older Adult  
Programs and Services (near Kmart)  
32 Manhattan Ave. – Off Rte. 119  
William L. Carter, Commissioner  
James Robinson, Deputy Commissioner

#### **For information contact:**

George Coniglio, Coordinator: 989-3622  
Dolores Bennett/Lisa Sharpe: 989-3639  
**Email: [gconiglio@greenburghny.com](mailto:gconiglio@greenburghny.com)**  
Front Desk/Transportation: 989-3600  
Public Transportation: Bus Stop Rt. 119  
and Manhattan Ave.: 813-7777

### *IN THIS ISSUE...*

- Theater Club , Mon.3/14& 4/11 @ 2:30pm
- Mardi Gras Celebration @ Mt Vernon...4/8
- AARP Tax Help.....Fri/Sat,10-2pm
- Shop Rite, Central Ave.....3/3 & 4/26
- “Brain Fitness” Workshop.....call 989-3622
- Food Stamps, Do I qualify?..... 3/4 , 12 noon
- Fairview CAFÉ’ Live Entertainment, Fridays
- St Patrick’s Day Celebration .....3/17
- Italian-American Celebration.....4/29
- Touch of Jamaica Café’ .....4/14
- Jacob Burns Movie Outing.....4/6
- Flushing, Queens Outing.....3/29 & 4/4
- Empire City, Yonkers.....4/13
- Woodberry Common.....4/21

**Theodore D. Young  
SENIOR CITIZEN  
ADVISORY  
COMMITTEE**

Eleanor Smith  
**Chairperson**

Lorenzo Brown  
**Vice Chairperson**

Gwyneth Moore

Myrtle Dawson

Mildred White

Liu Fang Mien

Lillian Jenkinson

Bernice Lowell

Jennie Coleman

**St Patrick's Day  
Celebration**

Thursday, March 17th  
Entertainment  
by "Blues Budda"  
Tom Dudley

Join us for corned beef and  
cabbage, plus traditional  
music, and more!

**NEW! EMPIRE CITY  
WEDNESDAY APRIL 16th**

**FAIRVIEW  
FRIDAY CAFÉ'**

Join us for LIVE  
Entertainment  
every Friday @ 11am!  
First Floor Lounge  
All welcomed!

**Theodore D. Young Community Center  
Senior Citizen/Older Adult  
Program and Services**

*From the Desk of George Coniglio*

**Happy SPRINGTIME!**

**Fairview  
Theater  
Club**

**NEW MEETING TIME is  
2:30pm Every 2nd Monday.**

Our group enjoyed the musical  
"Memphis" on Feb 16th fol-  
lowed by the "Whipping Man"  
which is scheduled for 3/16.

**How does one join the Theater  
Club?** The Theater Club is  
available to all participants  
who either have a current Town  
of Greenburgh Unicared or  
Theodore D. Young Community  
Center ID. There is also a one  
time fee of 30.00 per person.

**How does it work?** Participants  
vote on several play offerings by  
majority vote. Most plays takes  
place on Wenesdays Afternoons.  
The Dept Vans leaves from our  
Center at 11am. We have a quick  
lunch before most plays. The  
groups arrives back at the Center  
around 6pm. Many tickets are  
purchased though Telecharge  
and Theater Development Fund  
at reduced group rates.

**Jacob  
Burns Film  
Center**

Wednesday, March 6th.

"100 Voices" Musical We depart  
from the Center at 12noon. Use  
TDY form to sign up. Tickets are  
5.00 at the door including re-  
freshments.

**Bible Study**

Meets every Thursday from  
10am-1:30pm. All welcomed to  
attend. Jean Tucker , Group  
Leader.

**AARP TAX  
HELP**

Every Friday and Saturday,  
10am-2pm until April 16th.

2nd Floor Computer Room.

**Italian  
American  
Party & Tag  
Sale**

Friday , April 29th

Tables are free with prior  
registration (required) by  
calling 989-3622



# TDYCC Senior Citizen/Older Adult Programs and Services

## TDYCC Activities and Trips.

Check which activity you wish to attend



Check	Trips/Activities	Date	Day	Time	Cost
	Palisades Mall	3/1	Tues	11am	cost of lunch
	Shop Rite, Central Ave	3/3	Thurs	12:30	n/c
	Mardi Gras Celebration @ Mt Vernon	3/8	Tues	10am	4.00 for lunch
	Epstein's Restaurant, /1.00 Store	3/10	Thurs	11:00am	Cost of Lunch
	Fairview Theater Club	3/14 &	4/11 MONDAYS	2:30pm	30.00 Membership
	Harlem, NYC	3/15	Tues	12:30am	n/c
	St Patrick's Day Party	3/17	THURS	11:00am	3.00/5.00 for lunch
	TGIF Restaurant, Tarrytown	3/22	Tues	11:30	Cost of Lunch
	Stew Leonard's,	3/24	Thurs	12:30	n/c
	Flushing, Queens	3/29	Tues	11am	Cost of Lunch
	Popeye's Chicken, Ardsley	3/31	Thurs	11:30am	Cost of Lunch
	City Island; Johnny's Reef & Crab Shanty	4/5	Tues	11:00am	Cost of Lunch
	Jacob Burns Film Center	4/6	WED	12 noon 5:00	includes refreshments
	Flushing, Queens	4/7	Thurs	11:00am	Cost of Lunch
	Red Lobster, Scarsdale	4/12	Tues.	11:00am	Cost of Lunch
	Empire City, Yonkers	4/13	WED	11:am	Cost of lunch
	Touch of Jamaica, Café' Mt Kisco	4/14	Thurs	11am	Cost of Lunch
	Harlem, NYC	4/19	Tues	12:30	n/c
	Woodberry Common, Central Valley	4/21	Thurs	11:00am	Cost of Lunch
	Shop Rite, Central Ave	4/26	Tues	12:30	n/c
	Arthur Ave., Pizza and Indoor Market	4/28	Thurs	11:00am	Cost of Lunch
	Italian-American Day	4/29	FRI	11;00am	3.00/5.00

*Note: Those registering for Free trips will be contacted by phone.*

*If you signed up for an activity with a fee, you will receive a confirmation in the mail. Most trips return by 5:00 pm.*

*We have also estimated the cost of lunch at various restaurants for your convenience. Lunch cost is paid directly to each restaurant.*

Name \_\_\_\_\_ Date \_\_\_\_\_

Address \_\_\_\_\_ City/Town \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

**Emergency Contact Information:**

Name \_\_\_\_\_

Phone \_\_\_\_\_

**Please mail completed form to:**

**Theodore D. Young Community Center, 32 Manhattan Ave., White Plains, NY 10607 Attn: Dolores Bennett/Lisa Sharpe  
or drop off completed forms at front desk.**

## *Theodore D. Young Senior Services In-House Activities At-A-Glance*

### *MONDAYS*

Golden Ages H2O Walking	9:00-10:00 am	Pool
Bingo	12:30—2:00 pm	Lounge
Nutrition Program	11:30—12:30 pm	Lounge
Creative Arts	10:30—12:30 pm	Lounge
Men's Table	10:30—12:30 pm	Lounge
Lap Swimming	12:00—2:00 pm	Pool

### *TUESDAYS*

Evergreen Club	10:00—1:30 pm	Class
Exercise Class	10:00—11:00 pm	Dance Studio
Senior Fitness	11:00—11:30 am	Gymnasium
Nutrition Program	11:30—12:30 pm	Lounge
Men's Table	10:30—12:30 pm	Lounge
Lap Swimming	12:00—2:00 pm	Pool
Yoga	8:30—9:45 am	Dance Studio
Bowling	12:00—1:30 pm	W.P. Bowl

### *WEDNESDAYS*

Bingo	12:30—2:00 pm	Lounge
Bridge	9:00—2:00 pm	Classroom A/B
Yiddish Club	10:30—12 noon	Dance Studio
3rd Wednesdays)		
Lap Swimming	12:00—2:00 pm	Pool
Nutrition Program	11:30—12:30 pm	Lounge
Sewing	10:30—11:30 pm	Lounge

### *THURSDAYS*

Yoga	8:30—9:45 am	Park Studio
Golden Ages H2O Walking	9:00-10:00 am	Pool
Exercise Class	10:00—11:00 am	Dance Studio
Nutrition Program	11:30—12:30 pm	Lounge
Evergreen Club:		
Tai Chi	10:00—11:00	Gym
Board Games	10:00—1:30 pm	Classroom A/B
Singing Group	1:00—1:30 pm	Lounge
English Instruction	2:00—1:00 pm	Family Services
Bible Study	10:30	Classroom CD
Men's Table	10:30—12:30 pm	Lounge
Lap Swimming	12:00- 2:00 pm	

### *FRIDAYS*

Golden Ages H2O Walking	9:00-10:00 am	Pool
Bingo	12:30 — 2:00 pm	Lounge
Exercise Class	10:00 — 11:00 am	Dance Studio
Senior Fitness	11:00 — 11:30 am	Gymnasium
Drawing/Painting	9:00—3:00 pm	Classroom C/D
Nutrition Program	11:30—12:30 pm	Lounge
Creative Arts	12:30—1:30 pm	Lounge
Birthdays (4th Friday)	11:30—12:00 pm	Lounge
Group Meeting (4th Friday)	11:00—11:30 pm	Lounge
Men's Table	10:30—12:30 pm	Lounge
Coordinator Meeting	11:00—11:30 pm	Lounge
Fairview Café	11:30—12:30 pm	Lounge
Lap Swimming	12:00—2:00 pm	Pool
Live Music	11:45—12:45 pm	Lounge



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**Evergreen Club meets every Tuesday and Thursday**

**Roxie Scott & Mary Shelton receive Appreciation Award**

# Put Life Back in Your Life

Living Healthy Workshops  
At Theodore D. Young  
Community Center

6 Sessions

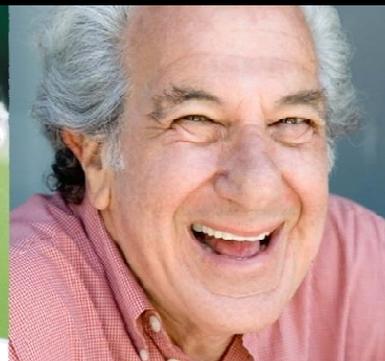
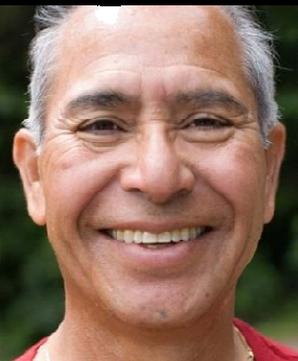
Beginning Tuesday, March  
29th 12:30-2:30 p.m.

Subsequent sessions on every  
following Tuesday at the  
same time, through May 3rd.



Now I have the energy to do the things that matter.  
I've put life back in my life.

Living Well Livable Communities



To participate please call George Coniglio at (914)989-3622

SENIOR  
TRANSPORTATION

Transportation is available to Greenburgh Seniors for:

Daily activities at the Multipurpose Center  
Doctors/Appointments  
Mondays 9-11

Grocery shopping  
Tues. & Friday

To register for a ride, please call 693-8997 the day before you need the service.

All Seniors are open to call with any comments or complaints to 693-8997

FUNDED BY:

The Town of Greenburgh,  
West. Co. Dept. of Senior Programs & Services, NY  
State Office for the Aging,  
Dept. of Health & Human Services

HOME DELIVERED  
MEALS PROGRAM

Seniors 60 and over, homebound by reason of illness, incapacitating disability, or otherwise isolated, are eligible to participate. A hot lunch is delivered each day and the suggested contribution is \$3.00 per day. For more information about the Home Delivered Meals Program call Lynda Maranino at 693-8997.

# MULTIPURPOSE CENTER ACTIVITIES

## Daily Activities

### MONDAY

9:30-10:30 Fitness 1 w/Paige Brodsky

*Seated exercise w/weights*

10:30-11:30 Fitness 2 w/Paige Brodsky

*Pilates/Yoga*

### TUESDAY

9:30 to 10:30 Fitness 6 w/B. Zinman

*Low Impact Aerobics/Body Sculpting*

10:00 to 12:00 Canasta Class, Instruction & Supervised Play w/ Roz Holtz

10:30 to 12:30 Photography, - D. Budnick

1:00 to 3:00 Intermediate Bridge, - *Supervised play /Instruction of popular conventions & "Play of the Hand" (every other week)*

3:00 to 5:00 Advanced Beginner Bridge

*Must have knowledge of point count & bridge basics. (every other week)*

### WEDNESDAY

9:30 to 10:30 Dancing, w/P. Brodsky

10:30-11:30 Fitness 4 Class, w/ Barbara Zinman  
*Seated exercise /stretching/ strengthening /low impact aerobics*

10:00 to 12:00 Mah-Jongg w/ Risa Borisoff

### THURSDAY

9:30 to 10:30 Yoga, w/Paige Brodsky

10:30-12:30 Adv. Intermediate Bridge (every other week) *Learn more advanced bidding techniques/declarer play & defense. Must have solid bidding basics.*

11:00 to 12:00 Fitness 7, w/ B. Zinman

*Low Impact Aerobics/Body Sculpting*

12:30 to 3:00 Bingo

1:00-3:00 Painting, w/Janet Patterson

### FRIDAY

9:30 to 10:30 Fitness 5 (Walking)

10:30 to 11:00 Weight Training, w/ Paige Brodsky

12:30 Friday@the Movies

1:00 to 3:00 Knitting, w/Janet Goodman

### Tuesday Bridge Class Dates:

March: 8th and 22nd

April: 5th and 19th

### Thursday Bridge Class Dates:

March: 10th and 24th

April: 7th and 21st

## Multipurpose Center Closings

**Good Friday: April 22nd at 12 noon.**

## EVENTS

### Matinee Club Meetings

**Note: New time!**

Thursday, March 3rd, 12 noon

Thursday, April 7th, 12 noon

### Indoor Tennis Clinic

**\*\*Make-up Days\*\***

Tuesday March 1st, 8th and 15th

10:30am-11:30am

### Special Nintendo Wii Dates:

Wednesday, March 2nd: 11:30am

Thursday, March 10th: 12:00 noon

Tuesday, March 15th: 10:30am

Tuesday, March 29th: 10:30am

Tuesday, April 5th: 10:30am

# MULTIPURPOSE CENTER ACTIVITIES

## Friday@ the Movies 12:30 pm

**March 11th**  
“Date Night”  
(Tina Fey and Steve Carell))

**March 25th**  
“Charlie Wilson’s War”  
(Tom Hanks, Julia Roberts)

**April 8th**  
“La Vie En Rose”  
(Story of Edith Piaf)

**April 29th**  
“Something’s Gotta Give”  
(Jack Nicholson and Diane Keaton)

## Nintendo Wii Dates..Continued

**Thursday, April 14th: 12noon**

**Tuesday, April 26th: 12 noon**

Come play Wii Bowling. Get ready to play against other Senior Centers this Spring! Sign up at Front Desk.

## AARP Tax Aide

**Wednesday March 2nd-April 13th**  
**10:00am—2:00pm.**

AARP tax counselors will be available to assist with tax returns.

## St. Patrick’s Day Party

**Wednesday, March 16th: 12 noon**

Corned Beef and Cabbage! Live entertainment! Don’t forget to wear green! Fee:\$5.00. Sign up at Front Desk by Friday, March 11th.

## Can We Talk?

**Thursday, March 24th: 12:30pm**

A one hour, open discussion group covering any topic about what’s happening in today’s world and life as a senior citizen. Group Leader, Gloria Fieg will lead the first group that will meet on a regular basis. Bagels and cream cheese will be served. No fee. Sign up at Front Desk.

## Book Discussion

**Tuesday, March 29th: 10:30am**

”Ordinary Love and Good Will” by Jane Smiley. Valerie Griffith, Greenburgh Librarian will be the discussion leader.

## Living Wills, Health Care Proxy & Powers of Attorney De-Mystified!

**Thursday, April 21st: 12:30pm**

Attorney, Kathy Rosenthal will discuss these topics and answer any questions you may have. Refreshments served. Sign up at Front Desk by Tuesday, April 19th.

## Book Discussion

**Tuesday, April 26th: 10:30am**

“Incendiary” by Chris Cleave. Valerie Griffith, Greenburgh Librarian will be the discussion leader.

## Bingo Party

**Thursday, April 28th: 12:30-3:00pm.**

Come enjoy lunch and play bingo! Fee for Lunch: \$4.00. Sign up at the Front Desk by Thursday, April 27th.

## *TRIPS*

### Theatre Club Trips:

**10:30am-6:00pm**

**Wednesday, March 9th**

**Wednesday, April 13th**

### Restaurant Week Trips:

#### Goldfish Restaurant: Ossining

**Monday, March 14th -12:00-3:00pm**

**Sign up by Wednesday, March 9th.**

#### Frankie and Johnnie’s in Rye

**Wed., March 23rd: 12:00-3pm**

**Sign up by Friday, March 18th**

**Fee for each lunch is \$25.00. Includes 3 course meal and tip. Beverages extra. Bring exact change the day of the trip. Menus available at Front Desk.**

#### Jacob Burns Jewish Film Festival

**Wed., April 6th: 10:30am-3:30pm**

Choice of movies:

“100 Voices: A Journey Home” or “Vidal Sassoon: The Movie”. Lunch on your own in Pleasantville before movie. Movie Fee: \$5.00. Pay the day of the trip. Sign up at Front Desk by Friday, April 1st.

# MULTIPURPOSE CENTER ACTIVITIES

## **SENIOR ASSISTANCE**

### **Nutritionist**

Nella Caggiano  
By Appointment  
Only

### **Podiatrist**

Dr. Hal Abraham

**The Podiatrist  
Comes once a  
month.**

**Please call  
693-8985, x116,  
or x101  
for March and  
April Dates.**

### **Local Hikes and Bag Lunch**

**Monday, April 11th-11:30am-3pm**

Sign up by Thursday, April 7th

**Wednesday, May 4th-11:30am-3pm**

Sign up by Friday, April 29th

Bring a bag lunch, bottle of water and explore local trails. Must wear sneakers or hiking boots. Call PJ Murphy after March 15th at 693-8985, x 116 for exact locations. A small fee may be charged.

### **NY Botanical Garden Orchid Show and Arthur Avenue**

**Wed., April 20th: 10am– 3:30pm**

A guided tour of the famous Orchid Show. Time to browse the grounds and Gift Shop. Then it's off to Arthur Ave. for lunch and shopping.

Tour Fee: \$24.00 Sign up by Tuesday, March 15th.

### **Museum of Modern Art**

**Monday, April 25th, 10am-3:30pm**

A guided "Highlights" tour.. Plenty of extra time to browse and eat lunch in one of the museum's restaurants.

Tour fee: \$11.00. Pay for own lunch. Sign up by Tuesday, April 5th.

### ***UPCOMING TRIPS:***

### **Neuberger Museum and Sculpture Gardens at Pepsi in Purchase.**

**Wednesday, May 18th, 10am-3pm**

Spend the morning walking through the gardens at Pepsi and eating a bag lunch. Arrive at the Neuberger in time to visit the Gift Shop and browse on your own. There will also be a guided tour of Betsabee' Romero's (one of Mexico's leading artists) "Black Tears" exhibit. Museum fee: \$5.00. Sign up at Front Desk by Tuesday, April 26th.

### **Kykuit & Union Church in Tarrytown**

**Wed., May 25th , 10:30am-4:30pm.**

Begin the day with a tour of Union Church and the beautiful windows by Matisse and Chagall. Eat lunch at Kykuit's café and enjoy a 2 hour tour of the house's main floor, art galleries, Inner Garden and West Terrace. Fee for both Tours: \$28.00 Bag lunches are not allowed. Sign up by Tuesday, April 26th.

### **TRIP REFUND POLICY**

Refunds for trips will not be granted unless the spot can be filled from the waiting list. If your spot can be filled, \$10 or 10% of the trip fee (whichever is higher) will be charged for processing the refund. Full refunds for a medical reason will be granted before the trip when accompanied by a doctor's note. Refunds are issued at the end of each month.

*SAVE THE DATE.....*

### **Annual Senior Picnic**

**Wednesday, June 8th at 11:30am**

### **Bronx Zoo Trip**

**Monday, June 13th: 9am-4pm**

### ***Announcements***

### **Weather Hot Line:**

If the weather is bad on a morning when you have a class, please call 693-8985, x 116 after 8:30am and listen to announcements about cancellations

### **Outdoor Tennis Clinic in May**

Tennis Instructor, Janet Lefkowitz, will be the instructor. Equipment provided. Call 693-8985, x 116 after March 10th for more details.

**GREENBURGH PARKS AND RECREATION - REGISTRATION FORM  
OFFICE FOR THE AGING CLASSES AND TRIPS (January-June 2011)**

Please Print - Register Early - One sheet per person

Name: \_\_\_\_\_

Address: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Phone: \_\_\_\_\_ Emergency Phone: \_\_\_\_\_ Email: \_\_\_\_\_

<b>Check Box</b>	<b>Program Time</b>	<b>Code</b>	<b>Program Title</b>	<b>Res/NonRes</b>
	Monday @9:30 to 10:30	<b>4013-0</b>	FITNESS1/SEATED EXERCISE	<b>\$20/\$36</b>
	Monday @ 10:30 to 11:30	<b>4013-1</b>	BEGINNERS PILATES/YOGA	<b>\$20/\$36</b>
	Tuesday @ 9:30 to 10:30	<b>4013-5</b>	FITNESS 6/LOW IMPACT AEROBICS	<b>\$20/\$36</b>
	Tuesday @10:00 to 12:00	<b>4017-0</b>	CANASTA	<b>\$20/\$51</b>
	Tuesday @ 10:30 to 12:30	<b>4018-0</b>	PHOTOGRAPHY	<b>\$20/\$36</b>
	Tuesday @ 1:00 to 3:00	<b>4012-0</b>	INTERMEDIATE BRIDGE	<b>\$20/\$51</b>
	Tuesday @ 3:00 to 5:00	<b>4012-2</b>	ADVANCED/BEG. BRIDGE	<b>\$20/\$51</b>
	Wednesday @ 10:30 to 11:30	<b>4013-3</b>	FITNESS 4/SEATED EXERCISE	<b>\$20/\$36</b>
	Wednesday @ 9:30 to 10:30	<b>4014-0</b>	DANCING	<b>\$20/\$36</b>
	Wednesday @ 10:00 to 12:00	<b>4017-2</b>	MAH JONGG	<b>\$20/\$51</b>
	Thursday @ 9:30 to 10:30	<b>4015-0</b>	YOGA	<b>\$20/\$36</b>
	Thursday @ 10:30 to 12:30	<b>4012-1</b>	ADV./INT. BRIDGE	<b>\$20/\$51</b>
	Thursday @ 11:00 to 12:00	<b>4013-6</b>	FITNESS 7/LOW IMPACT AEROBICS	<b>\$20/\$36</b>
	Thursday @ 1:00 to 3:00	<b>4011-2</b>	PAINTING	<b>\$20/\$51</b>
	Friday @ 9:30 to 10:30	<b>4013-4</b>	FITNESS 5 (WALKING)	<b>\$20/\$36</b>
	Friday @ 10:30 to 11:00	<b>4016-0</b>	WEIGHT TRAINING	<b>\$20/\$24</b>
	Friday @ 1:00 to 3:00	<b>4011-3</b>	KNITTING	<b>\$20/\$36</b>
<b>TRIPS</b>				
<b>TRIPS</b>				

As a participant in the above programs(s), I recognize and acknowledge that there are certain risks of physical injury and I agree to assume the full risks of any injury, damages or loss which I may sustain as a result of such participation. I further understand the Town of Greenburgh does not provide accidental medical coverage and it is my responsibility to provide appropriate coverage. I agree to waive and relinquish all claims and hold harmless the Town of Greenburgh, the Parks and Recreation Department, its officers, agents and employees from any and all claims.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Complete this form, sign and send with your payment to (make checks payable to Greenburgh Parks and Recreation):  
Greenburgh Office for the Aging, Attn.: Senior Programs, 11 Olympic Ln., Ardsley, NY 10502

**NO REFUNDS GIVEN FOR CLASS REGISTRATION  
PLEASE SUBMIT A SEPARATE CHECK FOR EACH TRIP**

**Please see refund policy in the Trips section of our Highlights.**



# **Greenburgh Senior Highlights**

Town of Greenburgh  
P.O. Box 205  
Elmsford, NY 10523

Mailing  
Address  
Goes  
Here

# **GREENBURGH SENIOR HIGHLIGHTS**

## **AARP Tax Aide**



**Wednesdays  
March 2nd-April 13th  
10:00am—2:00pm.**

Supervisor:  
Paul J. Feiner

Town Council:  
Sonja Brown  
Diana D. Juettner  
Kevin Morgan  
Francis Sheehan

Town Clerk:  
Judith Beville

## ***BRAIN FITNESS CLASSES***

***FOOD STAMPS  
Do I Qualify?  
3/4 @ 12 noon.  
Call 989-3622***